

OUR VISION

To be a growing church of faith that passionately models the life of Christ by equipping and training seekers and believers to do the work of ministry in the church and community.

MISSION STATEMENT

It is the mission of Union Wesley African Methodist Episcopal Zion Church to love God and one another, impact and improve our community and the world; and to proclaim and witness to the life changing message of Jesus Christ.

MINISTERIAL STAFF

Reverends Fred J. McCoy, Cedric Stroud, Verlie H. Peters, Christine Madison, Veronica Graves, Keen Newsome, Ray Gregg, Benjamin Bussie, Bro. Roderick Josey, Sis. DeLores Guy, Sis. Adwoa Aggrey



The Reverend Dr. Alvin T. Durant, Presiding Elder, Washington District
Mrs. Devieta Moore, Missionary Supervisor, Mid-Atlantic Episcopal Area
The Right Reverend W. Darin Moore, Presiding Prelate Mid-Atlantic Episcopal Area



Union Wesley A.M.E. Zion Church
1860 Michigan Avenue, NE * Washington, DC 20018
Reverend Dr. Brian S. Relford, Sr., Pastor



www.unionwesleyamez.org
Church Office: 202.526.1242

CONTACT US



LIVE STREAMING (Sundays)
(A likeness of you is subject to appear)



GLOBAL MISSIONS SUNDAY 2020

Theme: Excelling in the Grace of Giving!



*"But just as you excel in everything—in faith, in speech, in knowledge, in complete earnestness and in your love for us—see that you also excel in this grace of giving."
2 Corinthians 8:7 (NIV)*

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THE ORDER OF WORSHIP

Sunday, September 27, 2020

Fifth Sunday Morning In Kingdomtide

THE CALL TO WORSHIP/INVOCATION

Rev. Benjamin Bussie

THE AFFIRMATION OF FAITH : The Apostles' Creed

I believe in God, the Father Almighty, Maker of heaven and earth; And in Jesus Christ His only Son, our Lord; Who was conceived by the Holy Ghost. Born of the Virgin Mary; Suffered under Pontius Pilate; Was crucified, dead, and buried: The third day He rose from the dead; He ascended into heaven, and sitteth on the right hand of God, the Father Almighty; From thence He shall come to judge the quick and the dead. I believe in the Holy Ghost; the Holy catholic church; the Communion of Saints; the Forgiveness of sins; the Resurrection of the body; and the life everlasting. Amen.

THE SCRIPTURE LESSON: New Testament Mark 5:19-20 (NASB)

THE MORNING PRAYER

THE MUSICAL SELECTION

THE INTRODUCTION OF THE SPEAKER

THE MUSICAL SELECTION

THE MESSAGE

Mrs. Sandra B. Crowder, International President,
Women's Home and Overseas Missionary Society

THE INVITATION TO CHRISTIAN DISCIPLESHIP

THE OFFERING/ANNOUNCEMENTS

THE BENEDICTION

Join us Tuesday on our prayer call
at 7:00pm. Phone #: (978)990-5000
Code: 791926



Join us Wednesday online at 6:30p.m. for
Bible Study. www.unionwesleyamez.org
One tap mobile: Sunday Worship &
Wednesday Bible study
+1-301-715-8592, ID:6659543076

Remember our Union Wesley Family members with
calls, cards; most of all your prayers.

Mrs. Kathleen Barber
4218 12th Place
NE Washington, DC 20017

Mrs. Etta W. Coleman
8201 -16th Street #609
Silver Spring, Md. 20910

Ms. Louise Carpenter
Nacal Home Care,
4230 Landgreen Street,
Rockville, MD 20853

Ms. Lillian Dean
4804 10th Street, NE
Washington, DC 20017

Mrs. Katie Goodwin
708 Crittenden Street, NE
Washington, DC 20017

Ms. Carolyn Howard
3201 Buchanan Street, #005
Mt. Rainier, Md. 20712

Mrs. Vivian Johnson
Adelphi Nursing Rehab. Center
1801 Metzertott Road
Adelphi, MD 20783

Ms. Ellen McRoy
Sunrise Chevy Chase Nursing Home 2201
Colston Drive
Silver Spring, MD 20902



Mrs. Daisy Miller
11718 Balsamwood Terrace
Laurel, MD 20708

Mrs. Helen Phillips
501 Main Street, # 228
Laurel, MD 20783

Mrs. Peggy Waters
1111 University Blvd. #602
Silver Spring, MD 20902

Mr. David Watson
9711 Surratts Manor Drive
Clinton, MD 20735

Ms. Rosie Weaver
Oak View Rehab and Nursing Center
2700 Barker Street , Silver Spring, MD

Ms. Ann Williams
Heritage Harbour Health and Rehab.
Ctr., 2700 S. Haven Rd.
Annapolis, MD 21401

Ms. Alta Wilson
Heartland Health Care Center
6500 Riggs Road
Hyattsville, MD 20783

SEPTEMBER BIRTHDAYS AND ANNIVERSARIES

September 1 Alice Williams, Lateese Pixley
September 3 Merciedee Josey, J'von Winstead
September 6 Evangeline Johnson
September 7 James Crawford, London Johnson
September 9 Joseph Battle, Sr., Nia Berry, Vivienne Foster, Louise Prince
September 9 Katherine Wilson, Kennedy Banks
September 10 Jean Howie
September 12 Elizabeth Byrd, Debbie E. Brown, Erica Gray
September 13 Carmen Faulkner
September 14 Melissa Carter
September 15 Kathleen Barber
September 16 Vernon Baker, Sr., Ezinwa Onuegbu, Kimberly Ellington
September 17 Beverly Valentine
September 18 Sheldon Peart
September 20 Louise Carpenter, Marion Epps
September 22 Brittney Peters, Deidre Peters
September 24 Shana Durant
September 25 Ryan Holliday
September 26 Carzena Butler, Shirley Ramsey, Rachel Relford
September 27 DeVyn Harris

HAPPY
BIRTHDAY

HAPPY ANNIVERSARY

September 1 Rev. Alvin and Brenda Durant
September 12 James and Vivieca Simpson
September 13 Guy and Chinuebu Onuegbu
September 17 Earl and Lila Stroud
September 18 Calvin and Debra Beatty
September 24 Bruce and Yvonne Speight, Sr.
September 24 Joseph and Arlene Battle, Sr.
September 25 Nicole and Sowande Tichawonna
September 27 Reggie and Karen Bookard

ANNOUNCEMENTS



MISSIONS' OFFERING APPEAL Excelling in the Grace of Giving!

The grace of God is personal and prevenient! It is personal in that it is measured out to everyone on an individual unmerited basis. It is true that grace can have collective benefits for groups, churches or peoples- yet God's grace is given uniquely and freely transferred to each of us individually.

God's grace is prevenient in that it precedes our individual salvific decisions. Before we accept Christ as our LORD and Savior, the grace of God is with us. God's grace goes before us in all that we do...including our giving. God demonstrated the "grace of giving" when God gave us God's Son- Jesus, Whom we call The Christ! God continues to demonstrate the "grace of giving" by proffering us love, life, health and strength; even amid this pandemic.

The "grace of giving" for each Christian should be a reflection of the generosity of and from God. The motivation behind the "grace of giving" should always be excelling and abounding love; or love that goes before, during, after, over and beyond. We give because of the love of God to us, personally, and because of the love from God to us, preveniently.

Let us demonstrate the "grace of giving" by sharing our faith, speech, knowledge, resources and love with others (**2 Corinthians 8:7**) who are not faring as well as we are from the devastating effects Covid-19 and other diseases that plague our world. The African Methodist Episcopal Zion Church has been globally targeted by this vicious coronavirus. Let us help others by demonstrating and abounding in the "grace of giving"! Thank you for giving graciously during these trying times!



www.unionwesleyamez.org
Sunday Worship &
Wednesday Bible study



Dial-in Number: +1-301-715-8592, ID:6659543076

**Please join Pastor Relford every Thursday for
Morning Manna 6:00a.m. to 6:20am.**

The Dial-in Number is: 515-604-9094 Code: 355-119-736

OUR SPEAKER



Mrs. Sandra Bennett Crowder was elected as the eighteenth International President of the Women's Home and Overseas Missionary Society at its twenty-ninth Quadrennial Convention held in Orlando, Florida on Thursday, July 18, 2019.

Mrs. Crowder is a life-long member of the African Methodist Episcopal Zion Church, and is a member of Metropolitan African Methodist Episcopal Zion Church in Norfolk, Virginia. On the local church level, she is a member of the deaconess board, and the Annie B. Pollard Women's Home and Overseas Missionary Society. She serves as a board member of MetroImpact1, a non-profit 501C3, which focuses on Eldercare and Youth initiatives. On the district level, she is the Norfolk District President of the Women's Home and Overseas Missionary Society. On the conference level, she is President of Overseas Missions for the Virginia Conference. Her overseas missions work has extended to Ghana, West Africa; India, England, and the Bahamas. Prior to her election as International President, Mrs. Crowder served on the Connectional level as a member of the Global Missions Board. She has also served as the National Health Director for the A.M.E. Zion Church to the Balm in Gilead, Incorporated in partnership with other Methodist bodies. She was appointed to the Board of Directors of the Balm in Gilead, Inc. in May 2019. Additionally, she has served as the A.M.E. Zion denominational representative to Church Women United.

Ecumenically, she is active with the World Federation of Methodist and Uniting Church Women, the National Council of Negro Women, the Black Women's Agenda, Incorporated, and Delta Sigma Theta Sorority, Incorporated, Virginia Beach Alumnae Chapter.

Mrs. Crowder is a career educator, and retired on July 1, 2017 after thirty years with the Virginia Beach City Public School System as a Secondary English teacher. She received her Bachelor of Arts degree in English from Shaw University, Raleigh, North Carolina and pursued the Master of Arts degree in English and African American studies at Howard University, Washington, District of Columbia.

With the vision to promote "Powerful Ministries for Powerful Living," Mrs. Crowder was elected as the Third General Coordinator of the Young Adult Missionary at the Twenty-fourth Quadrennial Convention of the Women's Home and Overseas Missionary Society held in Dallas, Texas in August 1999. Upon her election, this vision to promote ministries that met the needs of the total life of the young adult came to reality and set the course of the Young Adult Missionary Society for the twenty-first century. Mrs. Crowder was elected to serve a second term as General Coordinator of the Y.A.M.S. at the Twenty-fifth Quadrennial Convention of the W.H. & O.M. Society held in Rochester, New York in August 2003.

Out of her love for writing and the spoken word, Mrs. Crowder authored *Y.A.M.S. Food for the Soul*, a compilation of quotes and proverbs written by young adults. She also led the young adults of the A.M.E. Zion Church in the publication of *Y.A.M.S. Prayers for the Soul*, a compilation of prayers written by young adult missionaries that focused on various areas of life.

Mrs. Sandra B. Crowder is the wife of Kenneth W. Crowder, Presiding Elder of the Norfolk District, Virginia Conference, African Methodist Episcopal Zion Church. They are the parents of three sons: Dantae, Justin, and Antoine, and the grandparents of four: Amyah, Nascir, Dylan, and Xavier.

September Health Bulletin

Here are some general coping strategies you can use to help address emotional struggles and stress caused by COVID-19:

- Pray- Prayer is essential in all our responses and is our direct line to God.
- Read Scripture- Scripture keeps us grounded in truth and keeps our worries in check.
- Breathe- Inhale and exhale slowly and deeply.
- Talk- Share your feelings with someone you trust when you feel ready.
- Imagine- Envision a stop sign to halt painful thoughts.
- Entertainment- Let your self laugh or learn.
- Walk- Engage in regular exercise of some kind(if able).
- Grieve- Release the emotions holding you down.
- Music- Listen to or sing a soothing song.
- Journal- Don't avoid facing your experience and pain.
- Connect- Find others' inspiring stories.
- Rest- Give your body permission to recover.
- Embrace best health practices.
- Though there's much about the COVID-19 outbreak over which you have no control, you can choose to embrace the kinds of practices that will keep you and your loved ones safe. The Center for Disease Control suggests:
 - Avoid close contact with people who are sick.
 - Avoid touching your eyes, nose, and mouth.
 - Stay home when you are sick.
 - Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
 - Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
 - Follow recommendations for using a face mask.
 - Wash your hands often with soap and water for at least 20 seconds.
- While it may feel like there is a lot you can't control amidst concerns over COVID-19, you can still make proactive and positive choices to care for yourself.
- Source: [reopeningthechurch.com](https://www.reopeningthechurch.com)